

Menu

Menu

SKINCARE

Discovery Facials (Dermalogica or Matis)

Express Cleanse	40min	R300
Deep Cleanse	60min	R480

Advanced Facials

Dermalogica UltraCalming	60min	R470
Dermalogica AGE Smart	75min	R600
Dermalogica IonActive	60min	R550

Tackles challenging skin conditions such as ageing & pigmentation

Matis Corrective Peel	60min	R700
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Smooths & plumps through deep exfoliation & powerful hydration.

Matis Face Print	75min	R675
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Radiance boosting facial with rubberizing mask & 2 active serums.

Premium Facials

Matis Densi Age	75min	R795
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Treats wrinkles & improves skin elasticity – for mature skins

Matis Hydraclat	45min/90min	R430/R715
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Machine based treatment that uses galvanic current & ultrasound

Upgrades

Dermalogica Stress Positive Eye Lift	Extra	R50
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Matis Eye Expert	Extra	R300
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GROOMING

Eyelash Tint	20min	R65
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Eyebrow Tint	15min	R45
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Lash & Brow Tint	30min	R100
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MASSAGES

Express Massage

Indian Head	30min	R220
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Back Massage

Back, Neck & Shoulder	45min	R310
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Back & Feet Combo	60min	R390
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Back & Indian Head Combo	60min	R390
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Add Hot Stones	Extra	R40
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Full Body Massage

Aromatherapy/Deep Tissue	60min/90min	R410/R615
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Hot Stone	60min/90min	R430/R645
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Specialized Massage

Pregnancy	60min	R475
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Lava Shell	60min	R475
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Tiger clam shells, filled with self-heating technology provide an uninterrupted massage experience

Hot Poultice Massage	60min	R450
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Warm, herb filled pouches are gently rolled over pressure points during this massage

BODY TREATMENTS

Back Cleanse	60min	R450
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Facial like ritual for one of the hardest to reach places

Dry Body Brushing	20min	R120
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Effective body exfoliation that pairs well with a Full Body Massage

WAXING

Half Leg	20min	R150
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Three Quarter Leg	30min	R170
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Full Leg	40min	R200
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Under Arm	20min	R80
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Bikini (Standard)	20min	R150
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Bikini (Intermediate)	30min	R200
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Bikini (Full)	30min	R250
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Full Arm	30min	R150
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Full Back/Full Chest	30min	R150
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Lip/Brow/Chin	15min	R40 per area
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Jaw Line	20min	R80
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HANDS AND FEET

File & paint	20min	R90
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Express Manicure	30min	R130
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Express Pedicure	30min	R140
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Nail & cuticle work, massage & paint

Manicure	45min	R190
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Pedicure	45min	R230
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Deluxe Pedicure	60min	R300
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Standard pedicure with hydrating foot mask & hot stones during massage

Reflexology	45min	R300
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Foot/Hand Ritual	30min	R190
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Includes soak, scrub & massage

IBD GEL POLISH

Nail prep & Gel Polish application	30min	R200
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Add Gel Polish to Manicure or Pedicure	Extra	R150
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Soak off	30min	R60
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TREATMENT COMBOS

Reboot	120min	R700
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Express Facial, Pedicure, Back Massage

My Time	90min	R565
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Dry Body Brushing followed by Lava Shell Massage

Asana Signature Experience	120min	R880
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Hot Poultice Massage & Deep Cleanse Facial

COUPLES COMBOS

Couples Massage	60min	R795
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Choice of Aromatherapy or Deep Tissue

Couples Signature Experience	120min	R1700
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Hot Poultice Massage & Deep Cleanse Facial for two

Couples Back Massage & Pedicure	90min	R1020
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SPA POLICIES - ETIQUETTE

- Guests must arrive at least 10 minutes prior to their scheduled treatment.
- Cell phones, tablets and other similar devices must be placed on silent mode or switched off during treatments.
- All information relating to Asana Skin & Body, including pricing & special offers, is subject to revision without prior notice.
- Asana Skin & Body will not be held responsible for any theft, damage or misfortune that may occur during your visit.
- Please alert us to any medical condition/s that could impede your treatment such as, but not specific to, high Blood Pressure, heart conditions, epilepsy & Diabetes.
- Asana Skin & Body is a non-smoking establishment and food is not permitted inside treatment rooms.
- Please be a considerate guest by respecting the reduced noise levels and maintaining the tranquil environment.

SPA POLICIES - GIFT VOUCHERS

- All gift vouchers are issued as monetary values and are valid for three years from date of purchase after which the funds will be forfeited.
- Gift voucher reference numbers must be quoted at the time of booking.
- Asana Skin & Body reserves the right in its sole and absolute discretion to refer customers in possession of gift vouchers to an alternative establishment if Asana Spa were to close or relocate.
- Gift vouchers are non-refundable.

SPA POLICIES – BOOKINGS & CANCELLATIONS

- Bookings are essential & subject to availability.
- A 50% deposit will be required to secure all bookings over R500.
- A 24 hour period is required for cancelling and/or rescheduling appointments, thereafter a 50% fee will be charged.
- Late arrival will result in a reduction of treatment time while the full fee will apply.



asana
Skin & Body

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Kloof

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Operating hours:

Monday, Wednesday & Friday 8am to 5pm
Tuesday & Thursday 8am to 6pm
Saturday 8am to 1pm